

SRI LANKA MEDICAL ASSOCIATION OF NORTH AMERICA  
EASTERN REGION, INC

Presents

**SLMANA EAST**  
**CHARITY BALL**  
**ANNUAL GENERAL MEETING**  
**&**  
**SCIENTIFIC SESSIONS**  
**ON**  
**NOVEMBER 14TH 2009**



At the

**NEW YORK HILTON & TOWERS**

1335 Avenue of The Americas

53rd-54th Streets

NEW YORK, NY

**SATURDAY NOVEMBER 14TH**

**8.30AM-2.30PM**

**CME & ANNUAL GENERAL MEETING  
AT CONCOURSE A**

**Accommodation**

**NEW YORK HILTON & TOWERS**

**1335 Avenue of The Americas (53rd-54th Streets)**

**NEW YORK, NY 10019**

**TEL: 1 800 HILTONS.**

**Rate \$269.00 per day (tax & parking extra)**

**Nov 13 & 14 2009,**

**Mention Sri Lanka Medical Association room block**

**TRAVEL INN**

**515, West 42nd Street**

**NEW YORK, NY 10036**

**TEL: 212-695-7171**

**(Ask for Buddhi Abeyasekera for special rate)**

**Rate \$157.44 per night Nov 13 & 14th 2009**

**(inclusive of tax and free parking)**

**Reserve before October 15th for the above rates in both Hotels.**

**(Limited number of Rooms)**

# Dinner Dance

7.30PM-9.00PM

COCKTAILS & HORS D'OEUVRES

AT

RENDEZVOUS & PETIT TRIANON

9.00PM-2.30AM

DINNER DANCE AT TRIANON BALL ROOM

Open Bar 7.30PM-10.00PM

Deluxe brands

Cash Bar 10.00PM onwards

*Dance the Night Away to the Vibrant Music of*

"NEW YORK EDGE"

FROM 9.00PM -1.00AM

"CECIL FERNANDO COMBO"

FROM 1.00AM -2.30AM

Win door prizes

Raffle Tickets

**New**

**Silent Auction -7.30PM-9.00PM**

Choice of Main Entrée

Grilled Filet Mignon

Grilled Atlantic Salmon

Ratatouille Vegetarian

Please indicate choice of entrée before 11/06/09

**Tickets \$200.00 per person**

# ANNUAL GENERAL MEETING AND SCIENTIFIC SESSIONS

NOVEMBER 14, 2009

8.30 AM-2.30 PM Concourse A

## Program Agenda

8.30 AM Registration and Breakfast

9.00 AM Welcome Remarks

President, Dr. Gnana Sunderam

Morning Session

## Symposium on

**"Burden of Cardiovascular Diseases in South Asians: Challenges and Opportunities"**

Moderator - Dr. L. Samarasinghe

9.10 AM. Dr. Darshi Sunderam - Diabetes in South Asians: Time bomb feared

9.35 AM. Dr. Rohan Perera - The "IT" for hardware in Heart Disease: How much do we need?

10.00 AM. Dr. Sunil Wimalawansa - Medical Complications of Obesity and Metabolic Syndrome

10.25 AM. Dr. Ruwani Gunawardane - Stroke Risk in South Asians

10.50 AM. **Key Note Speaker Dr. Bandula Karunaratne**  
**Coronary Heart Disease in South Asians**

11.20 AM. Panel Discussion

11.35 AM. Break, Visit Poster Sessions, Booths and box lunch

## AFTERNOON SESSION

Moderator- Dr. W. Kottahachchi

12.10PM. Ylone S. Xavier - Measurement of Resource Use and Impact on Physician Practice

12.30PM. Ty Hyderally Esq.-Navigating the World of Patient Concerns Pertaining to their Employer

12.50 PM. Dr. Tarique Perera - Psychiatric consequences of cardiovascular disease

1.10PM- 1.20PM - Questions

1.20PM- Closing Remarks

Dr. Selvarani Richards Chairperson, CME

1.30-2.30 PM. - Annual General Meeting